



**BRISBANE ORGANIC**

**GROWERS INC**

**NEWSLETTER**

**October 2011**

***BOGI - the Way to Grow***

**Meetings: Peace Hall, 102 McDonald Road, Windsor  
7.30pm first Thursday of each Month except January**

**Mail: 102 McDonald Road , Windsor QLD 4030**

**Website: <http://bogi.org.au>**

**Ph: 33573171 PP408313./00021**

pawpaw was reported in folklore to be used for contraception and abortion. In modern times it is used as a meat tenderiser, in chewing gum and beer and various other sections of the beverage, food and pharmaceutical industries. 13

A pawpaw will fit into almost any sunny, well drained spot of your garden, give one a go this season.

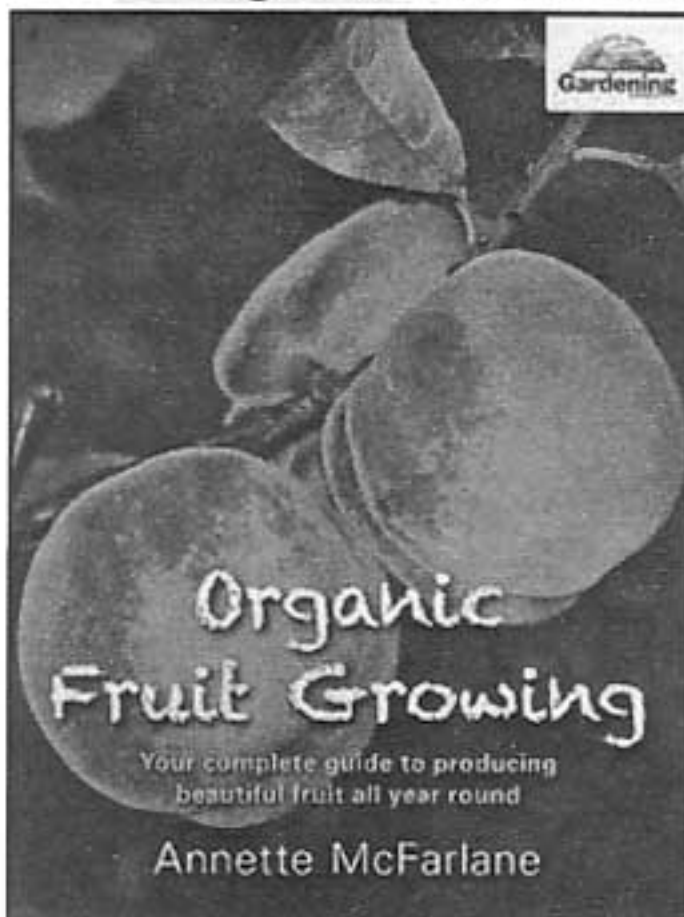
### Pawpaw Smoothie

1 pawpaw, peeled, seeds removed, diced	2 cups orange juice
2 tbsp chopped mint leaves	1 tbsp freshly squeezed lime juice,
4 cups ice cubes	4 lime wedges/slices, to serve

In a blender, combine pawpaw, orange juice, mint leaves and lime juice and process until smooth. Divide ice cubes among 4 tall glasses, pour over smoothie and serve with lime wedges/slices.

### Book Review by Phil Ryan

**“Organic Fruit Growing”** by Annette McFarlane Published by ABC Books.



The subtitle for this new book is *Your Complete Guide to Producing Beautiful Fruit All Year Round*.

Peter Cundall, the much loved and admired presenter of the ABC TV Gardening Australia programme, now retired, had this to say about our celebrated Life Member, Annette McFarlane *“She is the best of the gardening talk back presenters anywhere in Australia”* high praise indeed from an expert like Saint Peter.

Annette’s new book is a real cracker, it lifts the lid off organic fruit growing like no other book that I have read in the past ten years. Dare I say it’s perfect in every possible way.

Margaret and I were at near fisty cuffs over this book as each of us tried to read it first. At breakfast she would have

great delight in quoting to me yet another gem she had found in this amazing and informative book. Then she finished it and out came **the statement** *“You know Phil this new book of Annette’s is all we need, you can get rid of that cupboard full of those books you have collected over the years about fruit growing, this one supersedes them all”*.

She is absolutely right, this is the perfect book for anyone wanting to grow and understand how to grow fruit organically, be it at Ferny Grove or anywhere in Australia, New Zealand even the world for that matter.

The brilliance and quality of the photographs in this book are extraordinary. Their perfection reflects the fruits beauty and aroma. I found myself sniffing at the front cover photo of those luscious ripe peaches, they are so real and beautiful.

A lot of the photographs in the soon to be standard reference work on fruit growing were taken by Grant McFarlane, they dovetail extremely well with Annette’s text, it’s this meeting of like minds and interest that make this unique book so damn good.

### From Isabella Pennings

Knock Knock	Who's there?
Turnip	Turnip who?
Turnip for school tomorrow and	
you're expelled	